

# Unit #5 Review Packet

## Communicable Diseases

Chapter 23, Lesson 1: Understanding Communicable Diseases (pgs. 628-632)

Chapter 8, Lesson 3: Practicing Abstinence (pgs. 192-197)

Chapter 24: Sexually Transmitted Diseases and HIV/AIDS (pgs. 656-679)



## **Chapter 8 Healthy Peer Relationships**

### **Lesson 3 Practicing Abstinence**

**Directions:** Use the following outline to help organize your notes as you read through the lesson.

**Key Concept**

**K-W-L** Write what you know about abstinence and what you want to learn about it. After reading the chapter, come back to this activity and write a few words about what you learned that you did not know or think of before.

**1. Know** \_\_\_\_\_

**2. Want to Learn** \_\_\_\_\_

**3. Learned** \_\_\_\_\_

**New and Academic Vocabulary**

**Define** each vocabulary term. **Write** the correct definition on the line next to each term.

priorities

\_\_\_\_\_  
\_\_\_\_\_

intimacy

\_\_\_\_\_  
\_\_\_\_\_

infatuation

\_\_\_\_\_  
\_\_\_\_\_

self-control

\_\_\_\_\_  
\_\_\_\_\_

sexually transmitted diseases (STDs)

\_\_\_\_\_  
\_\_\_\_\_

process

\_\_\_\_\_  
\_\_\_\_\_

**Dating Decisions**

I found this information on page(s) \_\_\_\_\_.

Use your own words and phrases to answer the questions about each topic.

What are priorities and limits?

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What are the benefits of having priorities and setting limits?

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**Abstinence**

I found this information on page(s) \_\_\_\_\_.

What is self-control?

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How can you maintain self-control?

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**Considering the Consequences**

I found this information on page(s) \_\_\_\_\_.

What are some consequences and effects of sexual activity on the following sides of the health triangle?

- Physical health

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- Mental/emotional health

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- Social health

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**Committing to Abstinence**

I found this information on page(s) \_\_\_\_\_.

What are some strategies that can help you maintain a firm commitment to sexual abstinence?

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**Note Taking**

# Chapter 23 Communicable Diseases

## Lesson 1 Understanding Communicable Diseases

**Directions:** Use the following outline to help organize your notes as you read through the lesson.

**Key Concept**

**Consider and Reconsider** Before reading, describe the causes of communicable diseases. After reading, update your list using information you have learned in Lesson 1.

Before Reading	After Reading

**Chapter 23**

**New and Academic Vocabulary**

- communicable disease
- infection
- virus
- bacteria
- toxins
- vector
- contact

**Unscramble** the vocabulary terms. Then **write** the definition of each term.

1. rvoetc  
\_\_\_\_\_
2. vusri  
\_\_\_\_\_
3. abiarcet  
\_\_\_\_\_
4. nitsox  
\_\_\_\_\_
5. edsias eclubmamcuin  
\_\_\_\_\_
6. nioniftec  
\_\_\_\_\_
7. atentoc  
\_\_\_\_\_

**Understanding the Causes of Communicable Diseases**

I found this information on page(s) \_\_\_\_\_.

**Describe** the following pathogens and **name** the communicable diseases that can result from each one.

Pathogen	Description	Resulting Disease
Viruses		
Bacteria		
Fungi		
Protozoans		
Rickettsias		

**How Diseases Spread**

I found this information on page(s) \_\_\_\_\_.

**List** the ways in which communicable diseases can be spread.

**Direct Contact**

**Indirect Contact**

**Taking Precautions**

I found this information on page(s) \_\_\_\_\_.

**Explain** the precautions you can take in order to avoid contracting and spreading communicable diseases.

**Taking Precautions**

- 1.
- 2.
- 3.

# Chapter 24 Sexually Transmitted Diseases and HIV/AIDS

## Lesson 1 Sexually Transmitted Diseases

**Directions:** Use the following outline to help organize your notes as you read through the lesson.

**Key Concept**

**Consider and Reconsider** Before reading the lesson, write a sentence describing how people who have STDs but no symptoms contribute to the spread of STDs. After you have finished reading, use what you have learned to rewrite your sentence.

Before Reading	After Reading

**New and Academic Vocabulary**

sexually transmitted diseases

sexually transmitted infections

transmit

asymptomatic

**Write** the correct vocabulary term under each definition.

1. showing no symptoms or only mild symptoms that disappear after the onset of an infection

\_\_\_\_\_

2. to send from one person or place to another

\_\_\_\_\_

3. diseases that spread from person to person through sexual contact

\_\_\_\_\_

4. another name for sexually transmitted diseases

\_\_\_\_\_

**What Are STDs?**

I found this information on page(s) \_\_\_\_\_.

**Identify** two factors that cause STDs and whether they can be cured.

\_\_\_\_\_

\_\_\_\_\_

**Common STDs**

I found this information on page(s) \_\_\_\_\_.

**Name** the six most common STDs and **list** the symptoms of each.

STD	Symbols

**Chapter 24**

**The STD Epidemic**

I found this information on page(s) \_\_\_\_\_.

**List** four reasons why STDs sometimes go undiagnosed and untreated.

- |    |    |
|----|----|
| 1. | 3. |
| 2. | 4. |

# Chapter 24 Sexually Transmitted Diseases and HIV/AIDS

## Lesson 2 Preventing and Treating STDs

**Directions:** Use the following outline to help organize your notes as you read through the lesson.

### Key Concept

**Consider and Reconsider** Before reading the lesson, write a sentence telling something you know about STDs. After you have read the lesson carefully, write a sentence telling something you learned that you did not know before.

Before Reading	After Reading

### New and Academic Vocabulary

- guideline
- antibiotics
- viral STDs
- HPV vaccine

**Write** a vocabulary word to answer each question.

1. Which is a class of chemical agents that destroy disease-causing microorganisms while leaving the patient unharmed?  
\_\_\_\_\_
2. Which refers to sexually transmitted diseases that are caused by a virus?  
\_\_\_\_\_
3. Which can prevent cervical cancer and precancerous genital lesions?  
\_\_\_\_\_
4. Which refers to an outline or rule about conduct?  
\_\_\_\_\_



**Prevention Through Abstinence**

I found this information on page(s) \_\_\_\_\_.

**Explain** the only successful method for preventing the spread of STDs.

\_\_\_\_\_

\_\_\_\_\_

**List** four high-risk behaviors that people should avoid in order to prevent contracting STDs.

- 1.
- 2.
- 3.
- 4.

**Diagnosing and Treating STDs**

I found this information on page(s) \_\_\_\_\_.

**Explain** why it is important to diagnose and treat STDs early.

\_\_\_\_\_

\_\_\_\_\_

**Identify** the diagnosis methods and treatments for each of the following STDs.

STD	Diagnosis Method	Treatment
Genital HPV infection		
Chlamydia		
Genital herpes		
Gonorrhea		
Trichomoniasis		
Syphilis		

**Explain** two ways that people can help prevent the spread of STDs.

\_\_\_\_\_

\_\_\_\_\_

**Note Taking**

# Chapter 24 Sexually Transmitted Diseases and HIV/AIDS

## Lesson 3 HIV/AIDS

**Directions:** Use the following outline to help organize your notes as you read through the lesson.

### Key Concept

**Food for Thought** As you read this lesson, think about the ways in which a pregnant mother can pass HIV to her unborn child. After you have finished reading the lesson carefully, write a sentence describing the ways in which transmission of the HIV virus can occur.

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### New and Academic Vocabulary

human immunodeficiency virus (HIV)

acquired immune deficiency syndrome (AIDS)

lymphocytes

antibodies

confine

**Unscramble** each vocabulary term. Then **write** the definition of each term.

1. octyeshplym

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2. muanh ummiynciefedo riusv

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3. itbnadieos

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4. dueriqac unemmi ydecfnieci nomerdys

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5. enifnoc

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**What Is HIV/AIDS?**

I found this information on page(s) \_\_\_\_\_.

**Explain** the difference between HIV and AIDS.

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**Explain** the circumstances through which an infected person can spread HIV to another individual.

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**Understanding HIV/AIDS**

I found this information on page(s) \_\_\_\_\_.

**List** three ways HIV can be spread.

- 1.
- 2.
- 3.

**Explain** how HIV/AIDS affects the immune system.

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**Identify** the four stages of HIV infections and **list** the characteristics of each stage.

Stage	Characteristics
1.	
2.	
3.	
4.	

**Note Taking**

# Chapter 24 Sexually Transmitted Diseases and HIV/AIDS

## Lesson 4 Preventing and Treating HIV/AIDS

**Directions:** Use the following outline to help organize your notes as you read through the lesson.

Key Concept

**Food for Thought** As you read this lesson, look for information about the progress made since the 1980s in treating patients with HIV/AIDS. After reading the lesson carefully, write a sentence or two describing what treatment methods currently exist.

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New and Academic Vocabulary

**Define** each vocabulary term. Write the correct definition on the lines next to each term.

EIA

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Western Blot

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Rapid Test

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opportunistic infections

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estimate

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**Preventing HIV/AIDS**

I found this information on page(s) \_\_\_\_\_

**Identify** four responsible behaviors that you can practice to prevent the spread of HIV/AIDS.

- 1.
- 2.
- 3.
- 4.

**Diagnosing HIV/AIDS**

I found this information on page(s) \_\_\_\_\_

**List** six types of laboratory HIV tests and **identify** the characteristics of each.

Type of Test	Characteristics

**Explain** how early detection enhances treatment.

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**Treating HIV/AIDS**

I found this information on page(s) \_\_\_\_\_

**Describe** the limitations of medications for HIV/AIDS patients.

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